Advisory Board Pre-Meeting Training



May 7th, 2019

12:10 - 12:50

Carol Totten Pioneer Human Services Skagit Jail Transition Team

Empowering individuals and families to improve their health and well-being



North Sound Behavioral Health Organization

Advisory Board Agenda May 7th, 2019 1:00 p.m. – 3:00 p.m.

Call to Order and Introductions

Revisions	to the	Agenda

to the results	
New Agenda Format Proposal	TAB 1
Approval of April Minutes	TAB 2
New Minute Format Proposal	TAB 3
Announcements	
Brief Comments or Questions from the Public	
Executive/Finance Committee Report	
— Approval of April Expenditures	TAB 4
Executive Director's Report	TAB 5
- Workgroup Updates	
Executive Director's Action Items	TAB 6
Old Business	
 Site Tour Update – Lake Whatcom Center Substance Use Disorder Residential 	
— 2019 Advisory Board Retreat Topics	ТАВ 7
Visual Art and Poetry Contest 2020 Proposal	
 Advisory Board Report – 18th Annual 2019 North Sound Tribal Behavioral Health Cor Summit 	
New Business	
Advisory Board Bylaws Revision Review	TAB 9
Advisory Board Policy Revision Review	
Advisory Board Purpose, History, and Duties Document Revision Review	
Guiding Principles Revision Review	
2019 North Sound Peer Town Hall Meeting Report	

Report from Advisory Board Members

Reminder of Next Meeting

Adjourn



North Sound Behavioral Health Organization

Advisory Board

April 2, 2019

1:00 - 3:00

Advisory Board Meeting Minutes

Members Present:

- Island County: Candy Trautman, Christy Korrow
- San Juan County: Theresa Chemnick
- Skagit County: Duncan West, Ron Coakley
- Snohomish County: Marie Jubie, Fred Plappert, Pat O'Maley-Lanphear, Jim Bloss,
 Jack Eckrem (Phone), Jennifer Yuen, Ashely Kilgore, Arlene Feld, Joan Bethel, Carolann Sullivan
- Whatcom County: Kara Mitchell, Mark McDonald

Members Excused:

- Island County: Chris Garden
- San Juan County:
- Skagit County:
- Snohomish County:
- Whatcom County: Michael Massanari

Members Absent:

- Island County:
- San Juan County:
- Skagit County: Joan Lubbe
- Snohomish County:
- Whatcom County:

Staff: Joe Valentine; Executive Director, Maria Arreola; Advisory Board Coordinator

Guests: Katelyn Morgan; Behavioral Health OMBUDS Specialist, Boone Sureepisarn; OMBUDS Specialist, Kala Buchanan, OMBUDS Specialist; Marci Bloomquist; Community Health Plan of Washington North Sound Regional Manager APPROVED by Advisory Board

Call to Order and Introductions

The meeting was called to order by Chair O'Maley-Lanphear at 1:15 p.m.

Revisions to the Agenda

Chair O'Maley Lanphear inquired revisions to the Agenda. No revisions mentioned.

Approval of Minutes from the Previous Meeting Minutes

Motion made to approve the March minutes as written. Motion seconded. All in favor, Motion passed.

Executive/Finance Committee Report

The March Expenditures were reviewed and discussed. A motion was made to move the March Expenditures to the County Authorities Executive Committee for approval. Motion seconded. Motion approved.

Announcements

Marci reported on the Managed Care Organization Provider Symposium April 24 – 25 the event will be held at the Best Western Conference Center

Brief Comments from the Public

No public comments reported

Executive Director Report

Joe Reported

- Transition to Integrated Care
- Crisis Services
- Behavioral Health Facilities Capital Request
- North Sound Tribal Behavioral Health Conference

Action Items

Joe reviewed each of the Actions Items with the Advisory Board

- A motion was made to move the Action Items to the County Authorities Executive Committee for approval.
 Motion was seconded. All in favor.
- Motion approved to forward the Action Items to the County Authorities Executive Committee for approval.

Old Business

Question and Answer Session with MaryAnne Lindeblad Letter Response Follow up

Members discussed moving action items to incorporate in the 2019-2020 Work Plan. Maria and Pat will
collaborate to include discussed action items in the Work Plan.

New Business

Site Tour - Snohomish County Diversion Program Update

- Site tour was completed on March 19 and 26
- Members attended were Ashley, Marie, Pat, Jennifer and Kara
- Claire Wilson; Senior Program Manager and Jonathan Waters; Snohomish County Human Services Specialist II
 spoke to members regarding the overall function of the program and answered questions from members.
- Members reported back of what they learned from attending the site tour.

Annual Advisory Board Retreat Topics and Location

- Motion made to have the retreat be held at the North Sound BHO Conference Room Snohomish. Motion seconded. Two Abstained. Motion Carried.
- Motion made to have the retreat be held on Tuesday, July 9th, 2019. Motion seconded. All in Favor. Motion Carried
- Maria and Joe will research a facilitator.
 - Determination of topics will be further discussed during the May meeting,

Advisory Board Meeting Room Configuration

 It was determined to configure the meeting room to incorporate the Managed Care Organization's liaisons to be seated with the Board. The appointed liaisons will have a name label and binder.

Visual Art and Poetry Contest 2020 Proposal

Tabled until the May meeting.

Washington State Legislature House Page Program Presentation

- Israel Arreola, 14 years of age from Sedro Woolley presented to the Board speaking about his experience as a House page for 2019.
- Israel was sponsored by Representative Carolyn Eslick
- Advisory Board was given recognition for opening the prospect for Israel's knowledge to be a House Page. The
 continuous advocacy at the State Legislature over the years has been heard into the communities. Youth as
 Israel are sharing this opportunity within local schools to inform youth.

Report from Advisory Board Members

- Candy spoke to the Out of the Darkness walk event in Everett, October 12th. Candy has participated in this event before. Members were encouraged to register for the event. Candy will be attending the American Association of Suicidology 52nd Annual Conference April 24 – 27 in Denver.
- Duncan spoke to the MV HOPE which focuses on opioid awareness and prevention. Duncan spoke to the Natural Highs: Supporting Teens in Making Healthy Choices event on April 24th that MV HOPE Coalition is hosting.
 Members were provided with informational flyer of the event.
- Christy reported on the South Whidbey Island community prevention coalition will be having a drug take back event April 30th. The town of Langley now has a drug take back box which the town has never had before. Christy spoke of the Mayor of Langley who is on the Law and Justice Coalition on Whidbey Island they are forming a Stepping Up program that reduces that number of individuals with mental health illness in jails.
- Marie reported on the Washington Recovery Alliance. Marie is interested in researching a chapter for the Snohomish county area.

APPROVED by Advisory Board

Reminder of Next Meeting

The next Advisory Board meeting is May 7, 2019 in Conference Room Snohomish.

Adjournment

Chair O'Maley-Lanphear adjourned the meeting at 3:00 p.m.





Advisory Board Agenda May 7th, 2019 1:00 p.m. – 3:00 p.m.

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Adlama	

Call to Order and Introductions



North Sound Behavioral Health Administrative Services Organization

Advisory Board

April 2, 2019

1:00 - 3:00

Advisory Board Meeting Minutes

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Members Absent:

- Island County:
- San Juan County:
- Skagit County: Joan Lubbe
- Snohomish County:
- Whatcom County:

DRAFT not approved by Advisory Board

Managed Care Organization Appo	inted Liaisons:
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- Community Health Plan of Washington:
- United Healthcare:
- Molina Healthcare:
- Coordinated Care:
- Amerigroup:

Staff: Joe Valentine; Executive Director, Maria Arreola; Advisory Board Coordinator

Guests: Katelyn Morgan; Behavioral Health OMBUDS Specialist, Boone Sureepisarn; OMBUDS Specialist, Kala Buchanan, OMBUDS Specialist; Marci Bloomquist; Community Health Plan of Washington North Sound Regional Manager

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Brief Comments from the Public

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Executive Director Report

Joe Reported

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- Crisis Services
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Adjournment

Chair O'Maley-Lanphear adjourned the meeting at 3:00 p.m.

North Sound Behavioral Health Organization, LLC. Advisory Board Budget April 2019

		All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation	Legislative Session
	Total	Project # 1	Project # 2	Project # 3	Project # 4	Project # 5
Budget	\$ 22,000.00	\$ 10,200.00	\$ 575.00	\$ 10,200.00	s 75.00	\$ 950.00
Expense	(3,333.82)			(2,184.14)		(1,149.68)
Under / (Over) Budget	\$ 18,666.18	s 10,200.00	s 575.00	\$ 8,015.86		\$ (199.68)
		45	49	45	40	0

BHC , NAMI, COD, OTHER		Costs for Board Members (moals mileage, misc.)	Non- Advisory Board Members, to attend meetings and special events	Shullle, meals, hotel, travel
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06/01/19

North Sound Behavioral Health Organization, LLC. Warrants Paid April 2019

	Туре	Date	Name	Memo	Amount
Advisory Board			-		
	0.00		Supplies	Batch # 127899	62.65
	Bill	04/10/2019	Costco - Lunch	Dalcii # 127005	62.65
Total - Supplies			Travel		02.00
	Bill	04/02/2019	AA Dispatch	Batch # 127779	282.75
	Bill	04/10/2019	Trautman, Candy	Batch # 127899	69.60
	Bill	04/23/2019	AA Dispatch	Batch # 128036	392.75
Total · Travel					745.10
Total - Advisory Board					807.75

North Sound BHO Executive Director's Report

May 7, 2019

1. TRANSITION TO INTEGRATED MANAGED CARE

a) Readiness Review

- On April 25, Health Care Authority [HCA] Issued its "Readiness Review Final Report" [Green Tab]
- Key conclusions were;
 - "...HCA determined readiness to implement the 2019 BH-ASO Contract"
 - "The results of the review identified an adequate network for the July. 2019 implementation of the Behavioral Health Administrative Services Organization Contract".
- HCA did not accept our initial "corrective action plan" however and has sent us a 2nd and revised request for a corrective action plan.
- This 2nd request was in response to a letter Jill Johnson sent to the Governor's office on April 23 expressing concern about HCA's original close out plan request [Blue Tab].
- Rashi Gupta from the Governor's office responded and on the morning of May 1, there
 was a phone conference between MaryAnne Lindeblad of HCA, Rashi Gupta, and
 several members of the North Sound Board of Directors.
- This conference resulted in an agreement between HCA and the North Sound Counties
 to agree on an independent outside fiscal audit of our revenues and expenditures. This
 audit would then be used to develop an joint plan of action.

b) Integrated Care Planning

- On April 23 and 24, the MCOs provided an Integrated Managed Care [IMC] readiness review for our provider agencies regarding billing, data reporting, credentialing, clinical protocols etc.
- Our provider agencies had a lot of technical questions that the MCOs are working on answers to.
- Three have now been launched: Early Warning Metrics [Red Tah], Model of Care, and Capacity Building.
- On May 1, we held an Integrated Provider Meeting regarding transition issues and BH ASO protocols.

c) Behavioral Health Legislation

 We are still waiting the results of a detailed analysis of the new Legislative Operating budget. We understand that no new money was allocated for Crisis Services, Institute for Mental Diseases [IMD] or Involuntary Treatment Act [ITA] costs.

d) BH ASO Restructuring

- Interviews for the open competitive BH ASO positions have been completed and staff selected. A detailed briefing on the new Organization Structure will be provided at the May 9 Board of Directors meeting.
- An outplacement firm began working with affected staff, starting with a half-day workshop on April 22.

2. CRISIS SERVICES

- We continue to work with the Crisis Services Leadership Group to design how crisis services will be structured and funded after July 1.
- Key changes include:
 - integrating the Crisis Prevention and Intervention Team "CPTI" voluntary outreach function with the Designated Crisis Responders [DCRs] to oversee these changes
 - Increasing the use of Medicaid crisis codes when allowable
 - Using Mental Health Block Grant and Substance Abuse Block Grant [SABG] funds to support crisis services.

3. BEHAVIORAL HEALTH FACILITIES CAPITAL REQUEST

- Everett [SUD Residential Treatment]: \$1.5 million
- Sedro Woolley E&T: \$6.6 million
- Oak Harbor Tri-County Behavioral Health Facility: \$1 million

MEMORANDUM

May 7, 2019

TO: North Sound BHO Advisory Board

FROM: Joe Valentine, Executive Director

RE: May 9. County Authorities Executive Committee Agenda

Please find for your review the following that will go before the North Sound BHO County Authorities Executive Committee Meeting at the May 9, 2019 meeting:

Behavioral Health State Funds

Summary:

Lake Whatcom Center has asked for an increase in flexible funding in the amount of \$5,400 to cover medication, labs and other medical costs for two undocumented individuals who were discharged from Western State Hospital into their services.

Motion #19-30

 North Sound BHO-Lake Whatcom Center-BHSC-16-19 Amendment 4 to provide an increase in their funding by \$5,400 for a new maximum consideration of \$1,929,126 with a term of April 1, 2016 through June 30, 2019.

State Targeted Response Path Finder Grant

Summary:

This is a continuation of the State Targeted Response (STR) Path Finder Grant. The grant provides funding for two Peer Specialists to provide outreach to individuals who are struggling with substance abuse and are homeless. The Peers are part of the Projects in Transition from Homelessness (PATH) Grant in Snohomish and Whatcom Counties. The motion below is approving the HCA contract with the BHO and the BHO contract with Compass Health.

Motion #19-31

- HCA-North Sound BHO-STR Path Finder Snohomish-18-19 to increase funding by \$20,974 for a new maximum consideration of \$252,662 with a new term of July 1, 2017 through June 30, 2019.
- HCA-North Sound BHO-STR Path Finder Whatcom-18-19 to increase funding by \$20,974 for a new maximum consideration of \$252,662 with a new term of July 1, 2017 through June 30, 2019.
- North Sound BHO-Compass Health-STR Path Finder-17-19 Amendment 3 to increase funding by \$41,948 for a new maximum consideration of \$505,324 with a new term of July 1, 2017 through June 30, 2019.

444

Advisory Board Previous Retreat Topics

2016

- Topics
 - Four Circle Process
 - o Pre-Services, System/Community Response, Current State, and Future State
 - Strategic Priorities
 - Mission Statement
 - Advocacy Priorities
- Facilitator
 - Timothy Corey Facilitator

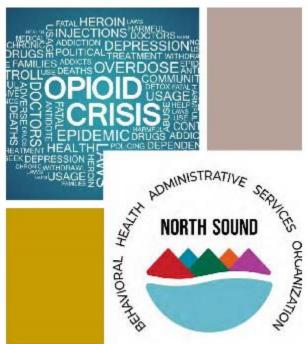
2017

- Topics
 - What does advocacy mean to the Board
 - What should integrated Care look like
 - Should our region go early Mid Adopter
 - Transportation policies
 - Bylaws Review
 - Opioid Reduction Plan Shelli Young
- Facilitator
 - Timothy Corey

2018

- Topics
 - History and Context
 - Fishbowl exercise "Why are you committed to the Board"
 - o Senate Bill 6032
 - Sandy Whitcutt Crisis Services Manager Update
 - Opioid Plan Update Shelli Young
 - Envisioning the future advisory board next steps
- Facilitator
 - Timothy Corey





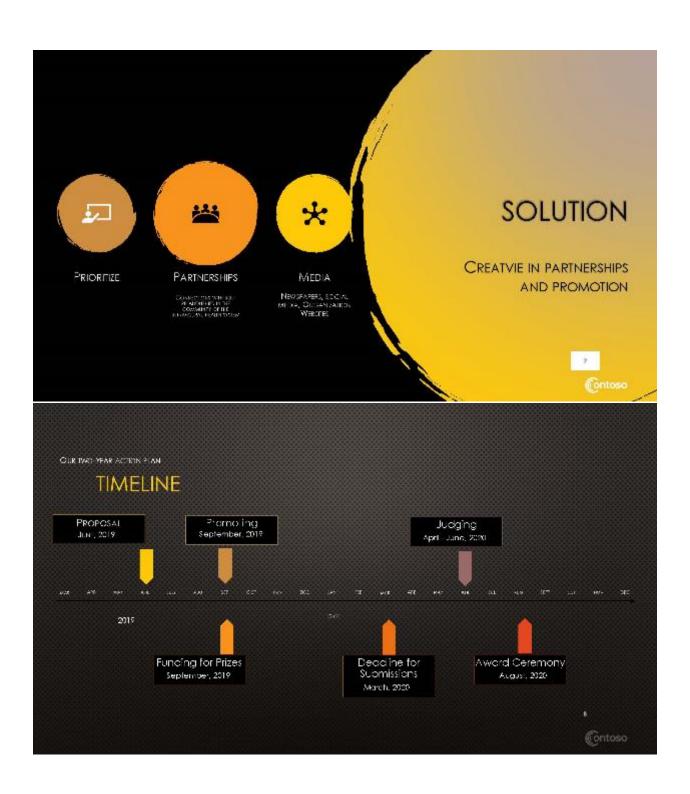






RULES FOR PARTICIPANTS

 This document was sent to all individuals participating in Operation Prevention Challenge



OPIOID PREVENTION VIDEO CHALLENGE 1ST PLACE PORTER C. IN SAINT GEORGE, UT



Contoso

OPIOID PREVENTION VIDEO CHALLENGE 2ND PLACE PALMER W. IN POWDER SPGS. GA



(Contoso

OPIOID PREVENTION VIDEO CHALLENGE – 3RD PLACE CALVIN S., ELIJA M., HASSIARA M., JESSICA O. IN ATLANTIC CITY COUNTY, NJ

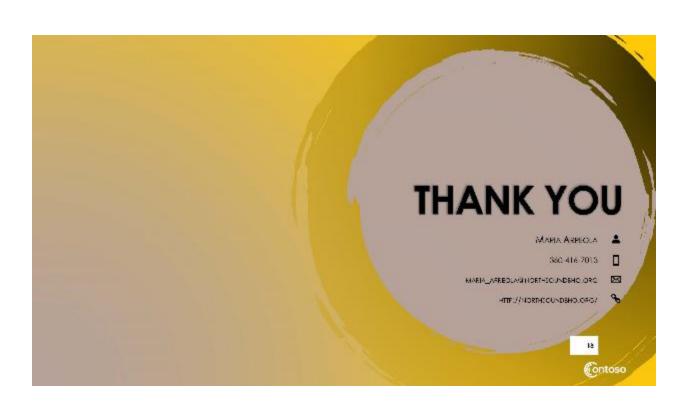


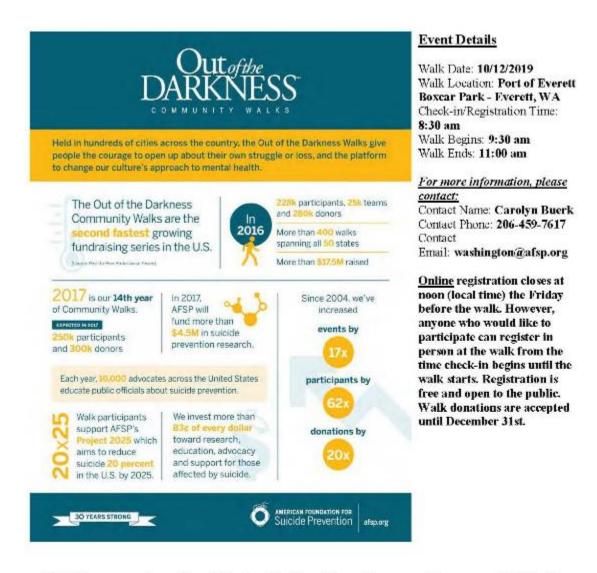
Contoso

OPIOID PREVENTION VIDEO CHALLENGE FINALIST DANIELLE L. IN KENNEWICK, WA



Contaco





Welcome to the Out of the Darkness Everett Walk

When you walk in the Out of the Darkness Walks, you join the effort with hundreds of thousands of people to raise awareness and funds that allow the American Foundation for Suicide Prevention (AFSP) to invest in new research, create educational programs, advocate for public policy, and support survivors of suicide loss.

Thanks to Walkers and Donors like you, AFSP has been able to set a goal to reduce the annual suicide rate 20% by 2025.